

WELCOME TO ASCENSION

SAVE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

We are only allowing **10 people** in Church for private prayer and Liturgy

SUN MAY 31

PENTECOST SUNDAY

Acts 2:1-11 Jn 7:37-52 & 8:12

11:00 **Divine Liturgy for Our Parishioners and**
HGB Kevin Kelly by Ann Kelly
5th ALL SOULS

Tue June 2

8:30am **Divine Liturgy for Our Parishioners and**

+ Anna Kokinda by Evgene Kokinda

9:00am-10:00am **Our Church open "Moleben to the Theotokos"** for Protection
and Healing of the coronavirus and all serious illnesses

Wed June 3

8:30am **Divine Liturgy for Our Parishioners and**

HGB Martha Beline by Evgene Kokinda

9:00am-10:00am **Our Church open "Moleben to the Theotokos"** for Protection
and Healing of the coronavirus and all serious illnesses

Thu June 4

8:30 am **Divine Liturgy for Our Parishioners and**

+ Cecelia Kokinda by Evgene Kokinda

9:00am-10:00am **Our Church open "Moleben to the Theotokos"** for Protection
and Healing of the coronavirus and all serious illnesses

6:00pm **"ROSARY" Prayer for Protection and Healing** of the coronavirus
and all serious illnesses by Men's Club

SUN JUNE 7

SUNDAY OF ALL SAINTS

Heb 11:32-12:2a Mt 10:32-33, 37-38 & 19:27-30

11:00 **Divine Liturgy for Our Parishioners and**
+ Andrew Hertz by Betty Mae Hertz

God bless America!!!

UPCOMING LIVE FACEBOOK BROADCASTS FROM
ASCENSION BYZANTINE CATHOLIC CHURCH

PENTECOST SUNDAY - MAY 31 AT 11:00 A.M.

Hello All!

I just wanted to let you know that the Celebration of Divine Liturgies can be accessed online through the church website. Go to www.ascensionva.org, scroll down on the Home Page and look at the items on the left side of the screen. There you will see "Liturgical Video Archive". It is here that you will find the Liturgical Videos.

Also, a reminder that **Rosary** continues on Thursdays at 6:00 as we pray for the eradication of the COVID19 Virus. It is still a **MAXIMUM OF 6 PEOPLE** at any one time in the church.

**Recommendation from Bishop concerning attending Divine
Liturgy and receiving Holy Communion.**

1. Should you stay home from Divine Liturgy? Please use your own prudence. If you believe you are sick, or you are in danger, you are dispensed from attending, and God will bless you for praying home.
2. Should you avoid receiving Holy Communion on spoon? St. Paul says about communion, "Let each one examine himself." If you believe you are sick, or that you are in danger because of weak health, and you do not receive, I promise you that God will still bless you with His abundance of graces.

Prayer to Guardian Angel

Angel of God, my guardian dear, to whom His love commits me here: ever this day be at my side, to light and guard, to rule and guide. Amen

Prayer to Defeat the Work of Satan

O Divine Eternal Father, in union with your Divine Son and the Holy Spirit, and through the Immaculate Heart of Mary, I beg You to destroy the power of your greatest enemy- the evil spirits. Cast them into the deepest recesses of hell and chain them there forever! Take possession of Your Kingdom which You have created and which is rightfully Yours. Heavenly Father, give us the reign of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I repeat this prayer out of pure love for You, with every beat of my heart and with every breath I take. Amen (Imprimatur March 1973, +Richard H. Ackerman, Bishop of Covington)

COMMITTEES

| | |
|----------------------------|---------------------------|
| Trustees: | Mike Olson, David Efimetz |
| Bible Study with Coffee: | Linda Lechman |
| Liturgical/Church Website: | Don Merkely |
| Men's Club: | John Alexander |
| Outreach Cleaning: | Betty Mae Hertz |
| Property: | Father Alex |
| Publicity: | Mary Jean Sotack |
| Security: | Mike Olson |
| Secretary: | Ann Kelly |
| Book Keeper | Patty Dutry |
| Youth: | Sasha Kusno |

HOSPITALITY

Please see Bulletin Board at the entrance to St Phillip's Hall for schedule of Lectures, Financial Records and Hospitality.
NO Hospitality

FINANCIALS

Total Contributions: Monthly Dues -155.00 Holyday – 10.00 Mortgage -100.00
Offertory – 1,105.00 Non-Monetary Donation – 216.19 Fuel – 00.00

Enrollment for children's Eastern Catholic faith formation is still open. Ages 5-17. See Patty or Sasha.

Sanctuary Lamp: HGB Margan Family, Requested by Katarina Margan

Tetrapod Lamp: BRS Bill Kelly, Requested by Ann Kelly

Theotokos & Child Lamp: Kevin and Morgan Kelly, Requested by Ann Kelly

Christ Teacher Lamp: HGB Kyra Noonan, Requested by Chris Noonan

John Baptist Lamp: HGB Medeline Noonan, Requested by Chris Noonan

Protection Theotokos Lamp: HGB Patrick Alexander, Requested by Lee & Kathy Alexander

St. Nicholas Lamp: For HGB Our Parishiners

When receiving Holy Communion, closely approach Father Alex, tell him your first name, tilt your head back, widely open your mouth (no need to extend your tongue). Father Alex will say the prayer while dropping the Precious Species into your mouth with a spoon

The Men's Club of Ascension of Our Lord Parish announces the 2020 Scholarship Program. Candidates for the scholarship must be registered and active members of the Parish and be between the ages of 17 and 28 years old. They must have been excepted or registered at an accredited college, university or trade school for the 2020- 2021 school term. For a complete list of guidelines and an application please contact Michael Lechman at 757-880-5093.

Strict deadline for all applications is June 28, 2020.

Scholarships winners will be announced later in the summer.

HAPPY JUNE BIRTHDAYS

1st Michael Dunham
1st Melissa Karlson
2nd Mican Cook
9th Ann Merkley
9th Matthew Montgomery
11th Patty Duttry
12th Anna & Sofia Carden
14th Lisa Montgomery
23rd Marc Picconi
23rd Maion Picconi
25th Mary Olson
27th Keith Shockley
28th Michael Lechman

APRIL EVENTS

New Information:

Are you aware of any organization or church that is selling used church pews? Desired length 12 feet. If so, please speak to Father or a Trustee.

Nadia Shockley's Father, Roman Slysh, is seeking a caregiver to live with him in his beautiful lake home in Raleigh, NC. Mr. Slysh is a healthy 93-year-old of Ukrainian descent. He is seeking a lady of Eastern European descent to live with him and fulfill duties of cooking, cleaning, and companionship. Mr. Slysh is healthy, drives, and leads an active life. He is active in the Ukrainian Catholic church in Raleigh. If anyone has any possible contacts, please contact Nadia Shockley at 757-867-0882 or nadiashockley62@gmail.com

Spiritual Communion

O Jesus, I turn toward the holy tabernacle where you live hidden for love of me. I love You, O my God, I cannot receive You in Holy Communion. Come, nevertheless, and visit me with Your grace. Come spiritually into my heart. Purify it. Sanctify it. Render it like unto Your own. Amen.

Prayer for Strength

"Holy Spirit, I need You more than ever right now. My heart is hurting, and I feel overwhelmed with loneliness. At this moment, I welcome Your presence, Your peace, and Your love. Thank You for filling me with Your overwhelming comfort, holding me in Your arms and surrounding me with Your healing love. Your Word says that because I'm Your child when I hurt, You hurt too. Thank You for caring about every single detail of my life, wiping away my tears, and for always being here for me. I love You, Lord. In Jesus' name, Amen."



"Death
leaves a
heartache
no one can
heal, love leaves a
memory no one
can steal."

Lord, I'm not praying for miracles and visions, **I'm only asking for strength for my days.** Teach me the art of small steps.
Make me clever and resourceful, so that I can find important discoveries and experiences among the diversity of days.

Help me use my time better. Present me with the sense to be able to judge whether something is important or not.

I pray for the power of discipline and moderation, not only to run throughout my life, but also to live my days reasonably, and observe unexpected pleasures and heights.

Save me from the naive belief that everything in life has to go smoothly. Give me the sober recognition that difficulties, failures, fiascos, and setbacks are given to us by life itself to make us grow and mature.
Send me the right person at the right moment, who will have enough courage and love to utter the truth!

I know that many problems solve themselves, so please teach me patience.
You know how much we need friendship. Make me worthy of this nicest, hardest, riskiest and most fragile gift of life.

Give me enough imagination to be able to share with someone a little bit of warmth, in the right place, at the right time, with words or with silence.

Spare me the fear of missing out on life.

Do not give me the things I desire, but the things I need.

Teach me the art of small steps!

"A Soulful Prayer by Antoine DE Saint-Exupery"